

SLASU/2021/CIRC/SW  
December 7, 2021

## BACK TO THE POOL 2021

10<sup>th</sup>, 11<sup>th</sup> & 12<sup>th</sup> December 2021 - Sugathadasa Stadium Swimming Complex

### COVID-19 PREVENTION PROTOCOLS HEALTH GUIDELINES

The following health guidelines will be implemented as advised and instruction/approval received by the Ministry of Health on 06/12/2021. SLASU requests all participants and coaches to cooperate and follow these guidelines towards a successful event.

1. No spectators will be allowed including parents.
2. All team members (athletes and coaches) for whom vaccination has been made available should be vaccinated according to the current COVID-19 vaccination guidelines and should make available a copy of their vaccination certificate.
3. All team members (athletes and coaches) should enter the stadium pool facility after observing hand-wash and temperature screening guidelines in force.
4. **Rapid Diagnostic Test (RAT)**  
**All participants must undergo a Rapid Diagnostic Test (RAT) from any government approved laboratory on or before 8<sup>th</sup> December 2021.** Test reports must be presented for examination to the SLASU office by 4:00pm on 09<sup>th</sup> December 2021. They may be emailed to [meets.slasu@gmail.com](mailto:meets.slasu@gmail.com) and originals submitted at the SLASU administration staff at the meet. No athlete will be allowed participation until these are received. Teams should provide a list of swimmers and officials participating under authorized signatures. SLASU shall not be responsible for delays in submission.
5. Entry passes for accompanying officials may be collected from the SLASU officials on 9<sup>th</sup> December 2021 from the SLASU office.
6. All swimmers and officials will be required to wear masks at all times. Athletes will be encouraged to also frequently use personal sanitizers and carry it with them as part of the swimming bag. Swimmers shall remove masks only on deck under starters orders.
7. All swimmers should use the respective changing room entrance passages to enter and exit the competition pool at all times.
8. When not competing, all athletes must be seated in the spectator stands. Swimmers will not be allowed to rest in any of the other areas.
9. It is recommended that swimmers warm-up at the respective home pools for the morning session to avoid congestion at the competition pool during warm-ups.
10. It is also recommended that swimmers and officials carry personal hand sanitization liquids and frequently sanitize themselves.
11. If any athlete or officials or any member of their household is experiencing symptoms of fever, cough or cold, they are requested to refrain from participating at self-isolate at their homes as a precautionary measure.
12. All athletes and officials must co-operate with the health authorities at the competition. Their decision on Covid-19 prevention guidelines shall be final.

Issued on 07<sup>th</sup> December 2021, 09:30am