

SLASU/2018/CIRC/OWS

February 06<sup>th</sup>, 2018

**81<sup>st</sup> ANNUAL TWO MILE SEA SWIM CHAMPIONSHIPS 2018**  
**Mount Lavinia Hotel Beach on Saturday and Sunday of 3<sup>th</sup> and 4<sup>th</sup> March**

**GENERAL INFORMATION**

**SCHEDULE**

- ❖ **Saturday 3<sup>rd</sup> March 2018** - ♦ **Women's Open Race**  
♦ **Under 15 Boys & Girls Race**
- ❖ **Sunday 4<sup>th</sup> March 2018** - ♦ **Men's Open Race**  
♦ **Masters 1km swim (Above 40 years of age)**

**01. ENTRIES**

- ❖ Entries must be in the attached ENTRY FORMS (ANNEX B & C) and should be accompanied by the corresponding payment (ANNEX-A) by cheque crossed "Account Payee Only" and made payable to the 'Sri Lanka Aquatic Sports Union'. The entry forms may be photocopied as needed.
- ❖ All required Entry forms must be typed legibly and should contain all required information. Incomplete entry forms may be rejected.
- ❖ **All entries shall be accompanied by a duly completed Individual Entry Form for each swimmer. SLASU reserves the right to reject all entries from a club/school if this requirement is not met.**

**02. ELIGIBILITY**

- ❖ Entries for the above championships will only be accepted from fully paid-up affiliate members and participants registered for open water swimming for 2018.

**03. ENTRY FEES**

- ❖ Please refer to **ANNEX-A** Column 3 for the respective entry fees.
- ❖ All entry fees must be deposited to the following account (Can Be Deposited at Any Branch),
  - Name of the Bank/ Branch - **Peoples Bank, Duke Street Branch**
  - Account name - **Sri Lanka Aquatic Sports Union (SLASU)**
  - Account Number - **0011 0012 0003 449**

**04. PROTEST**

- ❖ Protests or objections will cost Rs. 500.00 each, and must be submitted in writing within thirty (30) minutes of the event finishing.

**05. ANNEXURES**

- ❖ The following documents are attached.
  - Annex – A Payment form
  - Annex – B Entry Form, Men & Women
  - Annex – C Team Entry Form

**06. CLOSE OF ENTRIES**

- ❖ Entries will close on **Thursday, 22<sup>nd</sup> February 2018 at 3:30 pm at the SLASU office.**
- ❖ Entries without fees and/or late entries will not be accepted under any circumstances.

The Open Two Mile Sea Swim Championships will be held under the rules of The **SRI LANKA AQUATIC SPORTS UNION (SLASU)**, and where inconsistent the rules of the **FEDERATION INTERNATIONALE DE NATATION (FINA) 2013-2017** shall apply.

**SRI LANKA AQUATIC SPORTS UNION**



**MAHINDA LIYANAGE**  
PRESIDENT

## OPEN WATER SWIMMING

### 01. ENTRIES

- ❖ The Two Mile Open Sea Swim shall be open to competitors under the following categories:
  - **OPEN (MEN/WOMEN):** Open to competitors who are 13 years of age or above as at 31<sup>st</sup> December 2018.  
(i.e. Born on or before 2005).
  - **UNDER 15 (BOYS/GIRLS):** Open to competitors who are between the ages of 13 and 14 years as at 31<sup>st</sup> December 2018.  
(i.e. Born in 2004 and 2005)
  - **A competitor who is Under 15 years of age may participate either in the OPEN or UNDER 15 category but NOT BOTH.**
- ❖ Masters Race: Open to competitors who are 40 years of age or above and compete for 3 age categories.  
(A) 40-49 Years, (B) 50-59 Years, (C) 60 and above Years
- ❖ Each swimmer shall duly complete the Individual Entry Form. This form shall be duly signed by a parent or legal guardian for swimmers below the age of 18 years.
- ❖ Each club/school should also produce a Team Entry Form with a list of names and the registered number of swimmers. Separate lists should be used for men and women.
- ❖ **CAP NUMBERS:** Each swimmer shall be assigned a competition number. **ALL TEAMS SHOULD HAND IN TEAM CAPS OF REGISTERED SWIMMERS FOR NUMBERS TO BE SEWN BY SLASU AT THE MANAGERS' MEETING.**
- ❖ **CAP COLOURS:** Each team shall make arrangements to provide caps for their swimmers. The Cap colors shall bear the colors of their respective club/school.

### 02. GENERAL RULES

- ❖ This event shall be conducted as per the FINA Open Water Swimming Rules (OWS). However, exceptions to some of these rules with regard to the administration procedures and the conduct of the competition shall be observed as stated below:
- ❖ **Marshalling of Competitors:**
  - Confirming of registration and marking of competition numbers will take place between 6:30am and 7:45am at the **Beach side of the Mt. Lavinia Hotel.**
  - Swimmers will be checked for their names and their respective numbers will be marked by officials on their body. Swimmers may grease their bodies only after the number has been placed on the swimmers body.
  - Any competitor who fails to report to this Marshaling point within this time shall be disqualified.
  - The competition start area shall be cleared at 7:45am and a second level of access control will be carried out at the gate of the Mount Lavinia Hotel garden. Only swimmers with body marked numbers will be permitted to enter the start area.
  - There will be no priority exercised for placement of the faster swimmers at the front of the start line by organizers. However, teams may organize themselves to give priority to their faster swimmers within their positions.
- ❖ **Swimwear:** FINA Rules on swimwear for open water swimming shall be observed at this competition. As such, swimmers are advised to take note of the following:
  - In swimming pool and open water competitions the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or leg bands shall be regarded as parts of a swimsuit. (FINA BL 8.2)
  - Open Water swimwear for both men and women shall not cover the neck, extend past the shoulder, nor shall extend below the ankle. (FINA BL 8.4)
  - All swimsuits shall be made from textile materials.
- ❖ **Warm-Ups:** Swimmers may warm up in the sea area from the designated starting point prior to the start of the swim. Warm up in this area should be completed before 7:00am. **No patrol or safety crafts will be deployed during this period.**
- ❖ **Start of the Swim:** The Race will commence at 8:00am from the shore on both days. Signal for start of the race will be by lowering a flag and/or a loud starting sound by the starter from the rock adjacent to the Beach in front of the starting point. The swimmers shall thereafter enter the water to commence their swim.  
**Swimmers are advised to take caution of foul start signals initiated by fellow competitors/spectators as the one start rule shall be observed for the competition. In the event of a foul start, the remaining competitors shall be re-marshalled and the competition will be conducted amongst them.**
- ❖ **Duration of the Swim:** The Race must be completed in **90 Minutes** from their respective Start Times. However, only those completing the course within **70 minutes** for Men and **75 minutes** for Women shall receive points, while all competitors completing the course in 90 minutes shall receive certificates.

- ❖ **The Course of the Swim:** Competitors shall swim around the boat keeping the boat at all times on their right-hand side (i.e. from the sea towards the land). Swimmers must make sure that they keep on the seaward side of the twin rocks situated about fifty yards to the north of the large rock at the head of Mount Lavinia bay.
- ❖ **Turning Point:** The major turning point near the twin rock area shall be marked by a large boat. The swimmers shall navigate a course keeping the boat on their right-hand-side.
- ❖ **The Finish of the Swim:** The finish will be at the rope at the finish point between two marker buoys. Leading from the two buoys there shall be a funnel shaped formation marked by ropes. As the swimmers finish between the two buoys they will be directed to a point at which the judges will record the cap numbers of the competitors who have finished the race.
- ❖ Long loud sounding of the siren at the end of the 90 minutes will indicate the end of the race. All swimmers who have not completed the swim under 90 minutes must immediately swim ashore. The Union or the Organizing Committee shall not be responsible for swimmers continuing the sea swim after the official closing of the sea swim.
- ❖ **Timing of the Swim:** Only the first 25 competitors will be timed to the second. Thereafter, swimmers will only be timed for conformity to finish within 70/75 minutes and 90 minutes respectively.
- ❖ **Personal Liability:** All swimmers entering for this event shall be deemed to be fit to compete in the above event and is participating of their own accord. Further, by consenting to their entry they shall also be deemed to be aware and understood the perils of open water swimming and shall indemnify and not hold neither the delegate nor the officials responsible in any way for loss, harm, accident, illness caused by natural perils of nature during their participation.
- ❖ **Liability of School/Clubs/Teams:** All schools/clubs/teams by entering swimmers for this shall be deemed to have entered swimmers who are fit to compete in the above event. Further, they shall also deemed to have made all their participants aware and explained the perils of open water swimming and shall indemnify and not hold neither the organizers, the delegate nor the officials responsible in any way for loss, harm, accident, illness caused by natural perils of nature during the participation of their swimmers.
- ❖ All teams are requested not to enter swimmers who are incapable of completing the course within the stipulated duration of the sea swim. Swimmers remaining to complete the course may do so at their own discretion. SLASU shall not bear responsibility of such swimmers.
- ❖ **Patrol Boats/Safety Craft:** The Organizers will provide patrolling boats. There will be no provision to permit representatives of teams to be on these boats. Clubs/schools will not be permitted to have their own boats. Violation of this rule will render the offending club/school liable for disqualification.

### 03. AWARDING OF POINTS

- ❖ Award of Points shall be as follows:

Placing	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	13 <sup>th</sup>	14 <sup>th</sup>	15 <sup>th</sup>	16 <sup>th</sup> - 20 <sup>th</sup>	21 <sup>st</sup> - 25 <sup>th</sup>
Points	30	25	20	17	15	14	13	12	11	10	9	8	7	6	5	3	2

**NOTE: Performances in the Under 15 category shall not be considered towards the Overall Championships.**

- ❖ HPN Challenge trophy for Men / Inter Services Trophy
  - Swimmers finishing within 60 minutes shall receive 2 points each.
  - Swimmers finishing between 60 – 70 minutes will receive 1 point each
  - Winners shall be the team obtaining highest number of points.
  - All other trophies such as the Service Trophy will be calculated on the basis of the HPN Trophy.
- ❖ Best Performance – Under 15 years of age
  - The fastest male and female swimmer participating the Under 15 years (13/14 years) category completing the course shall be presented with this special award. **This award will not be applicable to swimmers under 15 years of age opting to participate in the OPEN category.**
  - All swimmers under 15 years of age shall submit a copy of the birth certificate together with their entry.

<b>ANNUAL MOUNT LAVINIA TWO MILE SEA SWIM CHAMPIONSHIPS – 2018</b>
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**TO: THE TREASURER  
SRI LANKA AQUATIC SPORTS UNION  
Department of Sports Development  
No.33 Torrington Place, Colombo 00700**

PAYMENT FORM				
NAME OF ORGANIZATION:			REG. NO:	
EVENT	ENTRY SHEET NO(S)	ENTRY FEE	NUMBER OF ENTRIES x FEE	TOTAL AMOUNT
01	02	03	04	05
SWIMMING – MEN		Rs: 200.00	x 200.00	
SWIMMING – WOMEN		Rs: 200.00	x 200.00	
NEW REGISTRATIONS		Rs: 200.00	x 200.00	
<b>TOTAL</b>				

WE CERTIFY THAT:

- THE COMPETITORS ENTERED ARE PRESENT STUDENTS/ MEMBERS OF THIS SCHOOL/CLUB AND DETAILS PERTAINING TO EACH SWIMMER PROVIDED IS TRUE AND CORRECT.
- ALL PARTICIPANTS ENTERED HEREIN HAVE BEEN MADE AWARE AND EXPLAINED THE PERILS OF OPEN WATER SWIMMING.
- WE INDEMNIFY AND WILL NOT HOLD NEITHER THE SRI LANKA AQUATIC SPORTS UNION, ITS DELEGATES NOR OFFICIALS RESPONSIBLE IN ANY WAY FOR LOSS, HARM, ACCIDENT, ILLNESS CAUSED BY NATURAL PERILS OF NATURE IN CONNECTION WITH THIS EVENT.

\_\_\_\_\_  
PRINCIPAL / SECRETARY

\_\_\_\_\_  
TEACHER IN CHARGE / CLUB CAPTAIN

\_\_\_\_\_  
TELEPHONE NO: (Preferably Mobile)

- (I) PLEASE USE THE CORRECT ENTRY FORM FOR EACH DISCIPLINE SUBMITTED.
- (II) SLASU COMPETITOR REGISTRATION NUMBER MUST BE ENTERED.
- (III) SEPARATE APPLICATIONS FORMS MUST BE SUBMITTED FOR MEN & WOMEN.
- (IV) PAYMENT MUST ACCOMPANY ENTRY FORM.

**ANNUAL MOUNT LAVINIA TWO MILE SEA SWIM CHAMPIONSHIPS – 2018**

**INDIVIDUAL ENTRY FORM**

FAMILY NAME		REGISTRATION NO.	
GIVEN NAME		DATE OF BIRTH (day/month/year)	
CLUB/SCHOOL		MALE/ FEMALE	

**COMPETITOR’S DECLARATION**

“I, the undersigned declare that I am fit to compete in the above event. I further certify that I am aware of the perils of open water swimming and that I shall not hold neither the organizers, the delegate nor the officials responsible in any way for loss, harm, accident, illness caused by natural perils of nature during my participation.

Signature of Competitor

Date

Signature and Name of Parent / Legal Guardian

Date

**Note 2: If the competitor is below the age of 18 years at the time of the competition, a parent or legal Guardian needs to sign above**

